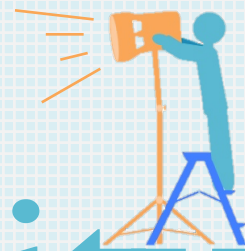
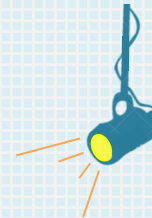


# Latino Community Stage



Workshop  
Summary



# Social Courage

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Workshop Description	<p>Peer pressure can sometimes become more influential than we think. The decisions that young students make can threaten or strengthen academic goals in and outside the classroom. How can aspiring academics affirm their own interests, attitudes and values while avoiding a sea of opinions and mindless conformity? This workshop focuses on better understanding what social courage is and how to develop social skills as added academic support. By the end of this interactive workshop participants will have opportunities to explore their unique strengths and inner voices as tools that counter obstructive social influences. Participants will learn defensive and offensive strategies to resist social pressures. In addition, participants will learn to seek peers and adults as social resources to develop social capital.</p>
Target Audience	<ul style="list-style-type: none"><li>• Middle school, high school, and university students (all majors welcome)</li><li>• Ideal for student led clubs/orgs, nonprofits, symposiums, &amp; conferences</li></ul>
Primary Objective	<p>Increase confidence &amp; social skills needed to navigate social pressures</p>
Our Goals	<ul style="list-style-type: none"><li>• Understand the importance of social interactions</li><li>• Identify common pitfalls and struggles within social interactions</li><li>• Introduce principles of social Influence and social courage</li><li>• Present practical approaches to create positive relationships with others that promote positive outcomes outside and inside classroom setting</li></ul>
Desired Outcomes	<ul style="list-style-type: none"><li>• The ability to assess constructive and destructive decisions and behaviors within social settings</li><li>• Gain offensive and defensive methods of overcoming peer pressure</li><li>• The ability to seek and establish positive relationships with others</li></ul>
Topics Covered	<ul style="list-style-type: none"><li>• The Value of Social Interactions</li><li>• Types of Social Interaction</li><li>• Social Cognition</li><li>• Acting Collectively</li><li>• Three Voices That Matter</li><li>• Defensive and Offensive Interactions</li><li>• Resourcefulness Along the Way</li><li>• Developing a Personal Toolbox</li></ul>



# Social Courage

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Length of Workshop:	Workshop can be adapted to meet the needs of the group or event. However, length of workshop may affect timeframe to build toolbox (see below).
Where?	We come to your school, university or event. Our workshop coordinator will ensure that all the details specific to your group or event are addressed.
A Personal Touch:	All participants will build & take home a personalized mini-toolbox. The toolbox will serve as a physical & symbolic reminder designed to measure ongoing progress, add new tools, and create desired outcomes.
Workshop Fee:	Workshop fee will depend on number of participants and length of workshop. Partial or full waivers for fee will be considered on an as-needed basis.
Book a Workshop	Contact our Event Coordinator at <a href="https://www.latinocommunitystage.org/contact">https://www.latinocommunitystage.org/contact</a> if you have any further questions or to book a workshop.

## Important Notes:

- Do workshop participants have to be Latino/a? Nope! Although the Latino/a population is our primary demographic, everyone is welcome to take part and contribute in workshops and all other events.
- We welcome participants with disabilities. Please let us know if any reasonable accommodations need to be made. In addition, ensuring that the workshop venue and space is accessible to all registered individuals will also be important.
- Food is not included, however, we encourage hosts to provide a light meal or refreshments.
- All majors are encouraged to take part in this workshop.
- What's the process like? We keep things simple! Our event coordinator will answer any additional questions and send a simple checklist that will help organize your event.
- Is there acting or theater involved? Why Latino Community Stage? Ah no, not at all. Much of what we do is about putting the best and brightest Latino/as on a *global stage* to celebrate their accomplishments.